

LINE CORRECTORS

WHEN IT COMES TO ERASING LINES, NEUROTOXINS (BOTOX, DYSPORT AND XEOMIN) ARE THE TREATMENT OF CHOICE SINCE THEY WORK BY RELAXING THE MUSCLES. EVEN THOUGH THEY HAVE BEEN AROUND FOR A WHILE, THERE ARE STILL MISCONCEPTIONS ABOUT WHAT NEUROTOXINS ARE AND HOW THEY DIFFER FROM OTHER INJECTABLES.



02
TRUE
Neurotoxins can cause your eyelids to droop.

Whenever a neurotoxin is injected around the eye, there is the slight chance it will migrate into a muscle and cause the eyes to droop. Although it rarely happens in the hands of an experienced injector, it can occur when the product gets deep into the muscles that move the eyelids instead of sitting on the superficial muscles. The effect may worry you but the results won't last long. "It wears off in a few weeks," says Hunt Valley, MD, dermatologist Karen Beasley, MD.



03
TRUE
Neurotoxins aren't permanent solutions.

The results of neurotoxins can last about three to four months and to stay line-free, you need to keep up with regular injections. Once the neurotoxin blocks the nerve receptors on the muscles, the body expels it a few days to a week afterward. So as soon as you start to see the effects, the product is out of your body. If your results only last a few weeks or one month at most, it may be that your injections are being diluted with too much saline. Also, those that work out a lot tend to need more Botox, more often. "The nerves reconnect to the muscles quicker in those that exercise a lot," says West Palm Beach, FL, dermatologist Kenneth R. Beer, MD. If you're not going to a board-certified expert injector or if you're having your injections done by someone at a spa or at their home, there is a possibility you're not even getting Botox. You should always ask to see what is being injected and make sure it's a legitimate filler.



04
FALSE
Having repeat injections of neurotoxins will prevent you from ever making any facial expressions.

Treating the face with Botox, Dysport or Xeomin on a regular basis won't prevent you from frowning, squinting or ever lifting your eyebrows again. It's when the neurotoxin is placed incorrectly that you can have a harsh, overinjected look. "Regular injections of neurotoxins cause the muscle to get smaller and weaker over time, but I have never seen it cause permanent loss of movement," says Dr. Beasley. "The muscle is constantly developing new receptor sites to replace those that have been blocked, so the muscle is able to contract again." Good skin and a qualified injector is key to getting good results. The more damaged the skin is from the sun and aging, the fewer the number of wrinkles that can be eliminated—they may be softened but not fully erased.

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